

What Is J-Lube?

J-Lube is VERY cheap, latex safe, very slippery, and is particularly good for helping large objects up your butt. It washes off quickly if you use table salt instead of soap (this breaks down the molecules). It's a strange, high-tech long-chain polymer, and it takes some practice to get adept at its use. It's mainly used by veterinarians as an obstetrical lubricant. It is a white powder that comes in a plastic bottle. You add water to make the lubricant.

- Mix 1/8 cup J-Lube to 1-1/2 cup water – it can be mixed with a hand-held blender or shaken in a jar.
- Mix 1/8 cup J-Lube for every 1 cup water makes a mix that is way too thick. Use a blender, adding water or J-Lube till the consistency is workable.
- It works best when it's mixed thick. Make small quantities, since it doesn't keep well – and you don't really need 6 gallons of lube sitting around, do you? Make it fresh, or keep it in the fridge for a few days. It freezes well, too, so when you've got your preferred recipe down, you can make a big batch, pour play-sized portions in plastic cups, and freeze it.
- When mixing in a blender, put the water in first, turn the blender on and then add (a little at a time) the J-Lube. As the mixture begins to thicken, you will have to turn up the speed of the blades, or you will burn the motor out. Some people never bother measuring the amount of the powder. They just keep adding a little J-Lube at a time, until it's thick.
- Take one bottle of J-Lube and slowly sprinkle it on 3 quarts of water with the mixer running. A Kitchen Aid with the beater that travels around the bowl works best. When it is fairly well mixed, turn off the mixer and let it sit overnight. By morning all the lumps will be gone. At this viscosity it doesn't run all over the floor and sticks to dildos fairly well.
- Cold water seems to be the best for mixing. The use of warm water contributes to the lump problem. It can be kept in the refrigerator for up to three weeks. If you don't like cold J-Lube up your butt, then place the prepared J-Lube in a bowl of warm/hot water for a few minutes.
- Some use just a regular blender. You do have to let it sit for a while to let the froth/bubbles go down. Freezing & thawing it after mixing and before using takes care of any lumps and also make it lots thicker than when originally mixed.
- Frozen J-Lube cubes (!) melt quickly and can be a welcome relief to a well used butt after an evening of play! You can use Popsicle molds, too. Much easier to handle when it's frozen.

What are some ways to apply J-Lube?

- Fill a syringe or a plastic bottle equipped with a long, narrow tube (like a Fleet enema) with prepared J-Lube. Insert up a butt and give it a good squeeze. Put some on your hand and arm and off you go!
- A normal squeeze bottle with a top that closes works well. Look in the hair coloring area of your local drug store.
- Pour the mixture into a clean shampoo or hand lotion bottle with a plunger.
- Try putting J-Lube dry in a cup and water in another and just dip your fingers into the dry and apply to the butt and then dip your fingers into the water and presto. Just dip your fingers into the water when you need to refresh. This gets rid of the need to fuss \with the getting the mixing right and you use so very little this way.

Can you mix J-Lube and Crisco?

- Mix 1/4 cup of J-Lube with 1/4 cup of water. Mix this with half of a 3 pound can of Crisco in a food processor (or in a bowl with a spoon), then add the rest of the can and finish mixing it. Refrigerate or freeze it until playtime.